

Senator Square: First generation college graduate shares his story with students

Editor's note: The following was written by Yetti De Luca, Carson High School's District Work-Based Learning Coordinator.



Sergio Trejo Jr., a Las Vegas native and first-generation college graduate, visited several Carson City schools recently to share his inspiring story about his admittance to medical school. Trejo presented to over 150 students. According to District Work Based Learning Coordinator Yetti De Luca, "Sergio is a humble young man and a great role model, and during his presentation Sergio connected the importance of doing well in school and pursuing a passion with financial opportunities available to pay for college." Trejo said, "As a middle school student, my plan was to finish my studies after graduating high school, but this changed in high school when I discovered my passion for biology and patient care." Trejo told the students, "I was a member of HOSA – Future Health

Professionals, attended a CTE magnet academy, and I was hooked." Fast forward several years later where Trejo continued his education way beyond high school. Trejo is now completing his Master's Degree in Public Health, and he looks forward to at least four more years of medical school. He has studied in China and is currently working for the Community of Bilingual English Spanish Speakers Exploring Health and Sciences, an interdisciplinary project funded to the University of Nevada, Reno by the National Institutes of Health. The project aims to increase the linguistic diversity of healthcare



professionals in Northern Nevada. The following link will allow readers to meet Sergio Trejo Jr. and others. [youtube.com/watch?v=rFnMyV_nro8&feature=youtu.be](https://www.youtube.com/watch?v=rFnMyV_nro8&feature=youtu.be). Additionally, the Carson



City School District's WBL program initiative, and the Career and Technical Education team, have been diligently working on building a Career Center at CHS. While the team has been working on logistical and staffing details, CHS senior Kai Ikehara, as part of his graduation requirement, selected the CHS Career Center as his Senior Project; Ikehara then developed a career guidebook for students and worked on establishing protocols for student appointments as well as tracking the number of students attending events hosted at the center. The CHS Career Center also welcomes Natalie Satter, hired to fill a grant funded full-time position; she will soon start offering one-on-one student services. Satter's position will allow students to individually



visit and receive assistance with career exploration, resume building, career advising, job shadowing, internships, and post-graduation opportunities. Please stop by the CHS Career Center, or email Yetti De Luca at ydeluca@carson.k12.nv.us for more information.

SENIOR PROJECT JUDGES ARE NEEDED

Senior Projects are due March 12, and as the community of Carson City is always so reliable when called upon, Senior Project Judges are needed to evaluate student portfolios. Judges are needed to evaluate portfolios between March 25 and April 6. Moreover, those same judges are needed to evaluate the Senior Project presentations of those seniors April 8. For information on the senior project process contact Melisa Kunter at mkunter@carson.k12.nv.us or to volunteer as senior project judge go to <https://chssenioproject.weebly.com/> For more information about the career center contact chscareercenter@carson.k12.nv.us

ALICIA SINGLETON'S SENIOR PROJECT HIGHLIGHT



CHS senior Alicia Singleton, as part of her graduation requirement, ran a Pet Supply Drive from March 4 – 8. Singleton, and fellow members of Future Farmers of America put on this weeklong drive for the Nevada Humane Society and asked individuals to drop off items in CHS Agriculture teacher Charles' Mann's classroom and shop. Singleton distributed flyers around the school with examples of what donations were needed, such as toys and food, and every contribution was greatly appreciated.

ORIENTEERING TEAM COMPETES IN NATIONAL COMPETITION

The Naval Junior Reserve Officers Training Corps Orienteering Team went to the NJROTC National competition this year held at Vazquez Rocks Regional Park in Agua Dulce, CA. Competing against 29 teams and over 500 cadets, CHS took 3rd place overall. Team awards include: Varsity took 3rd, and junior varsity took 5th place overall. Notable achievements are Riley Dunn who took 4th place, Christopher Paluch took 5th place, and Kyle Navarro took 13th. Briana Sanchez took 3rd for junior varsity females, Bryar Fancher took 9th, though she came in 1st place on the 2nd day. Besides the above runners, the majority of the rest placed in the top 25 percent. Coach Ingram said, "Please let them know what a great job they have done; they often ride the bus for several hours, run a 1-2-hour course,



and then get back on the bus; these cadets are seriously dedicated.”



WINTERFEST PART II A SUCCESS

The Winterfest dance, known as Winterfest Part II, as it had to be rescheduled for March 2 due to an intense winter storm, turned out to be a gigantic success with almost as many students attending as there are students in the school. The week prior to the dance was a Dr. Seuss themed spirit week, and the excitement around the school was contagious.

ORCHESTRA FESTIVAL AT COMMUNITY CENTER

CHS' most talented musicians participated March 6 in the



Northern Zone Nevada Music Educators Band & Orchestra Festival at the Carson City Community Center. The names of these students are Ivy Campbell, Mira Caraway, Illy Cartright,

Gabriel Covington, Hunter Fiorentino, Bitu Jazani, Shawn McConnell, Sy'Johnniqa Moore, Christian Rodriguez Contreras, Emma Rosen, and Eleanor Sturm.

AUTHORS VISIT CHS FRESHMAN

Molly Dahl, author of *Youth Positive* and Dr. Debb Oliver, *Mindful Sead* are involved with 9th grade Health classes to help students realize how social emotional practices better their engagement in schools, help with stress management, and improve overall wellbeing. CHS teacher Erin Bean said, "We are excited to have them partnering with CHS to help improve student success."

COLLEGE WEEK IS HERE

College Week is March 11-14, and all CHS teachers are posting their college seals by their classroom doors and getting ready for a week of college focused activities and opportunities a mile long. During College Week, a student scavenger hunt is the activity that leads the way, and scavenger hunt winners will be chosen at random and will receive a Dutch Bros. gift card. Teachers also had a door decorating contest for their alma maters. Students are to wear gear from their favorite colleges, and March 14th, colleges will be visiting during lunchtime. Seniors are also asked to share their college acceptance information to be featured on the Acceptance Wall of Fame on the CHS Library windows. For College Week, teachers were given a list of fun ideas to cover: Write to colleges for catalogues; teachers talk about their college experiences at the beginning of class; watch an admissions video; brainstorm a list of colleges; do an online college scavenger hunt; interview parents and community about their college experiences; make a packing list of everything to take to college; make a list of dream jobs/careers, and look at the level of education needed for that career; love history? find out how colleges were started, by whom, and when; look at creative ways to pay for college; research the difference between a college and university; research and present about a college to the class; research where famous people went to college; and, finally, students make a list of all the people who could support them in their quest for graduating from college debt-free. Each of the following schools will have a table set up in Senator Square during lunch: March 11 & 13 is WNC, Paul Mitchell School, and Sierra Academy of Style, and March 14 is Vento Education and Sierra Academy of Style.

GO TO COLLEGE, JOIN THE MILITARY, WHY NOT BOTH

Interested in the Military, but also passionate about college? Come hear cadet, Benjamin J. Hallinan March 14 in the CHS Career Center during lunch talk about his acceptance into the United States Military Academy where he will graduate with both a college degree and be appointed as an officer in the US Army. Go to Edmodo to reserve a spot.

WHO WILL BECOME MR. CARSON HIGH SCHOOL 2019

It is time once again to make a big decision, one of the biggest of the year; who will become the next Mr. Carson High? This year's theme is "Red Carpet Oscars", so who will win the Academy Award for best picture? Reserve March 15 at 6:30 p.m. to visit the Carson City Community Center for an evening filled with great talents and entertainment; 17 CHS senior boys are competing for the title of Mr. Carson High 2019. There will be some great raffle prizes to win as well. Each raffle ticket is \$2, and each general admission ticket is \$10. Moreover, and please take note of this unique opportunity, VIP admission tickets are available and include a dinner served

at the Community Center with preferred seating starting at 5:30 p.m. The cost is totally reasonable at \$20. For information, contact Sheila Story at ssstory@carson.k12.nv.us



UNR EDU 110 APPLICATIONS ARE DUE

Any current sophomore or junior interested in a career in education, please consider applying for the UNR EDU110 class next year. Applications are in the Guidance Office and due no later than March 11.

TESLA TO DISCUSS JOB AND APPRENTICESHIP OPPORTUNITIES

Attention juniors and seniors, after completion of the ACT exam March 12, representatives from Tesla will be at CHS from 1:15 to 2:05, in the upstairs cafeteria, discussing employment and apprenticeship opportunities, so come and hear what they have to say. Sign up on Edmodo, or stop by the CHS Career Center.

COMMUNITY FATHER DAUGHTER DANCE COMING SOON

The “Under the Big Top” Annual Father-Daughter Ball, a community-wide event for all ages held at CHS, is coming April 26 from 6:00 to 9:00 p.m. Tickets are \$40 per couple and \$10 for each additional daughter. The event has sold out each year and will definitely sell out again this year. Order tickets by going to eventbrite.com and search for Father-Daughter Ball – Carson City. Online ticket purchase fee applies. Tickets may also be purchased in person at the CHS main office on the following dates only: March 26, 27, 28 between 2:00 and 4:00 p.m. or March 30 between 9:00 and Noon at the CHS Big Gym entrance. Only cash or checks taken for in-person ticket purchases. No credit cards please. Circus actors will be taking photos of fathers and their little princesses, and light deserts will be served. This event is a fundraiser for the following CHS Organizations: FBLA, SkillsUSA, WebDesign, Leadership, and Photography. Please email CHS teacher Angila Golik at agolik@carson.k12.nv.us for more information.

STUDENT OF THE WEEK

10th grade student Brianna Duckworth is the CHS Student of the Week. According to CHS teacher Dr. Brian Fox, “Brianna shows leadership skills in Orchestra by volunteering to help others, and she demonstrates a positive attitude and has a grasp of how to achieve larger goals.” Congratulations to Brianna Duckworth.



SENIOR SPOTLIGHT

Congratulations to Alondra Gomez on being awarded Senior in the Spotlight this week. Alondra has a Weighted GPA of 4.22 and is in several Honors and Advanced Placement classes such as Government, Economics, English, Trigonometry & Pre-Calculus, Computer Science Principles, French II, and NJROTC IV. She has been a part of SkillsUSA for the last three years, and last year her team placed 3rd at Nationals by designing a promotional board display about ‘Job Readiness’. Also, this is Alondra’s third year as a part of NJROTC. She is in command of issuing and ordering uniforms for everyone. After graduation,

Alondra is going to boot camp and AIT training. Upon completion of boot camp and communications training, Alondra will be a member in the Army National Guard and will begin attending UNR, at the same time, majoring in the Nursing Program. Senior in the Spotlight is an honor, and the faculty, staff, and students of CHS congratulate Alondra Gomez on achieving such an outstanding award.

Phil Brady is an English teacher at CHS.

